



4th – 10th AUGUST 2014



**14th AKF Cadet, Junior & U-21 Championship
Kuala Lumpur
(Malaysia)**

**FINAL BULLETIN
(Reschedule of Event)**



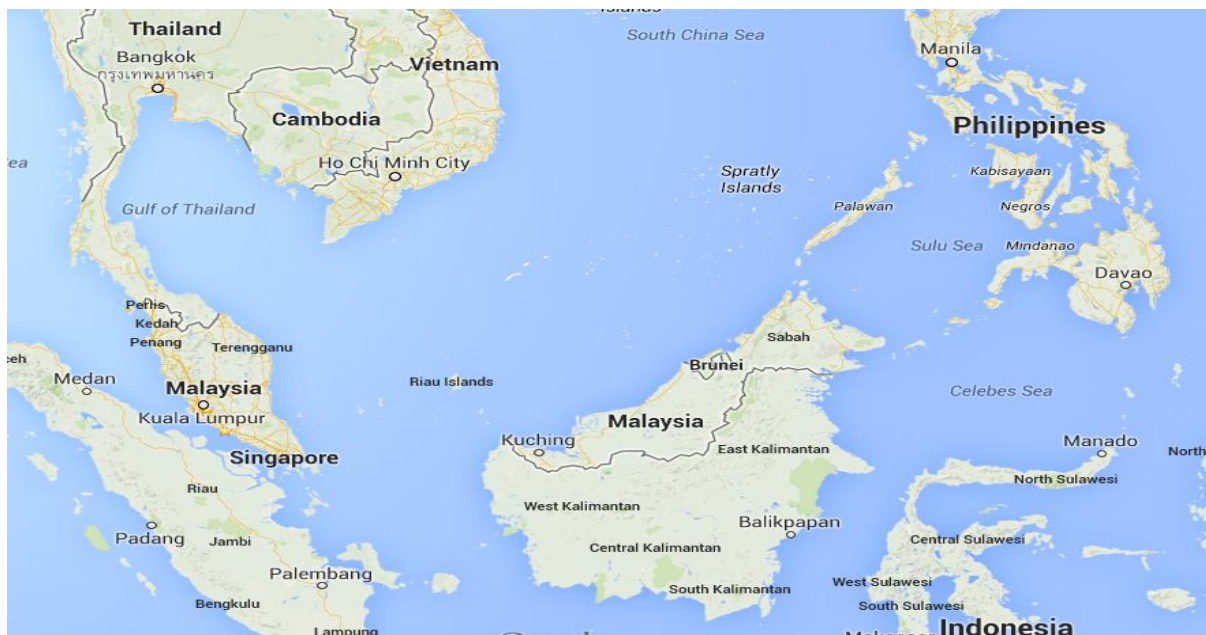


ABOUT MALAYSIA

Malaysia, a south east asian country with about 30 million of population. Geographically, Malaysia is diverse, with 11 states and 2 federal territories (Kuala Lumpur and Putrajaya) form Peninsular Malaysia which is separated by the South China Sea from East Malaysia which includes the 2 states (Sabah and Sarawak on the island of Borneo) and a third federal territory, the island of Labuan.

Culturally, the Country is a bubbling, bustling melting-pot of races and religions where Malays, Indians, Chinese and many other ethnic groups live together in peace and harmony. Our multiculturalism has made Malaysia a gastronomical paradise and home to hundreds of colourful festivals.

One of Malaysia's key attractions is its extreme contrasts which further add to the theme of 'diversity'. Towering skyscrapers look down upon wooden houses built on stilts while five-star hotels sit just metres away from ancient reefs. Rugged mountains reach dramatically for the sky while their rainforest-clad slopes sweep down to floodplains teeming with forest life. Cool highland hideaways roll down to warm, sandy beaches and rich, humid mangroves.





14th AKF CADET, JUNIOR & U-21 CHAMPIONSHIPS



WELCOME TO KUALA LUMPUR, MALAYSIA





Kuala Lumpur, affectionately and commonly known as KL, is an amazing cultural melting pot. Here, you will wander through communities of Chinese, Malays, South Indians, East Malaysian ethnic groups, Thais, Indonesians, Sikhs and a huge community of expats. Each community offering its own festivals, food, music, art and fashion while influencing each other's cultures.

KL, a delightful mix of cross-cultural influences and traditions, Kuala Lumpur radiates an exciting, enticing charm, which will no doubt pique your interest throughout your stay.

Let the city's warmth embrace you as you lose yourself in its unique blend of tradition culture, old world charm and new world sophistication. Explore its nooks and crannies, and you'll discover captivating sights, sensational sounds, aromatic smells and fantastic people.

The architecture is somewhat eccentric and is certainly unique, from hundred year old mansions to awe-inspiring sky scrapers, and all within metres of each other. Treat your tastebuds to Kuala Lumpur's extremely varied cuisine, which is certainly a tasty adventure in itself! Above all else KL is a shopping haven, offering everything from street side trinkets to haute couture.

The resulting kaleidoscope of cultures, costumes and cuisines is nothing short of a whirlwind for the senses - more intense here than anywhere else in the country.



Language

Malaysia is a multi-racial country. The official language is Bahasa Malaysia. Nevertheless English is a common language in the country and most of the locals understand English.

Currency

The monetary unit of the country is Ringgit Malaysia and is written as RM. Foreign currencies can be exchanged at banks and money changers. The current exchange rates for Ringgit Malaysia to some international currencies are approximately as below:

USD1.00 = RM3.23

Euro 1.00= RM4.20

(The rates are subject to daily fluctuation)

Buying or selling price

Weather

Malaysia has an equatorial climate, giving it a warm and wet weather. Temperatures in the lowlands range between 29°C - 35°C during the day and 26°C - 29°C at night.

On average, Malaysia receives about 6 hours of sunshine each day with cloud formations occasionally leading to rainfall. There are two monsoon winds that influence the rainfall at different intervals of the year. Melaka is located in a strategic location and is not affected by either of the monsoon winds. Malaysia itself is virtually free of major natural disasters, such as tornadoes, hurricanes, volcanic disruptions and earthquakes, making it a very safe destination. Winds are often light, bringing a gentle cooling effect on the climate.

Time Zone

The difference between MST and GMT is 8 hours (GMT +8)



Measurements

Malaysia follows the international metric measurement system.

Electricity

The voltage in Malaysia is 220 V, 50 Hz. Standard 3- pin square plugs and socket.

Do's and Don't

Malaysia is generally a laid back and relaxed place. However, we do have our own customs and visitors should try to observe these practices when they arrive. Some common courtesies and customs are as follows:

- Some Muslim ladies may acknowledge introductions to gentlemen by merely nodding and smiling. A handshake should only be initiated by ladies. The traditional greeting or *salam* resembles a handshake with both hands but without the grasp. The man offers both hands, lightly touches his friend's outstretched hands, and then brings his hands to his chest to mean, "I greet you from my heart".
- Toasting is not a common practice in Malaysia. The country's large Muslim population does not drink alcohol.
- Shoes must be removed when entering homes and places of worship such as mosques and temples. Some mosques provide robes and scarves for female visitors. Taking photographs at places of worship is usually permitted but always ask permission beforehand.

*****The information above is for guidance only. If you are in doubt, please contact the Malaysian Embassy in your country.**



International Airport

The nearest international airport to the city is the Kuala Lumpur International Airport (KLIA). The airport is located approximately 50 Kilometers from Kuala Lumpur city center, and it is about 52 Kilometers from the headquarters hotel.





COMPETITION VENUE

NAME: CHERAS BADMINTON STADIUM

CITY: KUALA LUMPUR

COUNTRY: MALAYSIA



The **Stadium Badminton Kuala Lumpur** is a badminton arena located in Kuala Lumpur, Malaysia. Built in 1990, the stadium can hold 4,500 spectators. The stadium is currently used as the headquarters of Badminton Asia Confederation and was also the base of Badminton World Federation from 2005 to 2006.



HEADQUARTER & OFFICIAL HOTEL

*****Please note that the traffic condition in Kuala Lumpur is very unpredictable and congested, we strongly advise you to book your accommodation in the official hotel and purchase our accommodation package.**

The host shall provide traffic police escort for buses for hotel venue transfer to ensure your contingents to arrive the venue on time.

SUNWAY PUTRA HOTEL (The Headquarters Hotel)

*******Star rating- 5 stars**





Sunway Putra Hotel, Kuala Lumpur (formerly known as The Legend Hotel & Apartments, Kuala Lumpur) in Peninsular Malaysia is beautifully designed with a breathtaking view of the magnificent Kuala Lumpur's city skyline. Famous landmarks surrounding Sunway Putra Hotel, Kuala Lumpur include the Putra World Trade Centre (PWTC) historic commercial and government buildings and many other that is just close proximity with the Sunway Putra Hotel, Kuala Lumpur.



This 5 star property located in the city centre has 620 well appointed guestrooms and apartments. All the guestrooms at Sunway Putra Hotel, Kuala Lumpur are spacious and thoughtfully decorated in soft relaxing tones with plush décor and equipped with modern amenities. There are a choice of rooms that guest can choose from if you plan to stay at Sunway Putra Hotel, Kuala Lumpur. The Superior rooms at Sunway Putra Hotel comes with the hill or magnificent city view with rooms amenities such as individually controlled air-conditioning, television, telephone, toiletries, mini bar, safe deposit box and coffee and tea making facilities. Bedecked by plush décor, there is also 24 hours room service provided to all rooms at Sunway Putra Hotel, Kuala Lumpur for your convenience.



HOTEL RATES & CHARGES:

HOTEL NAME: SUNWAY PUTRA HOTEL (HQ Hotel)

STAR RATING: 5-STAR ☆☆☆☆☆

CHARGES:

- 1) TWIN SHARING – USD 100 (PER HEAD PER DAY)
- 2) SINGLE – USD 150 (PER HEAD PER DAY)



VISA REQUIREMENTS BY COUNTRY

1. Commonwealth countries that require visa

▪ Bangladesh
▪ Cameroon*
▪ Ghana*
▪ Pakistan
▪ Nigeria*
▪ Mozambique*

2. Visa Requirements for other countries

▪ Afghanistan (Visa with reference)	▪ Equat. Guinea*	▪ Myanmar
▪ Angola*	▪ Eritrea*	▪ Nepal
▪ Bhutan	▪ Ethiopia*	▪ Niger*
▪ Burkina Faso*	▪ Guinea-Bissau*	▪ Rwanda*
▪ Burundi*	▪ Hong Kong (C.I./D.I)	▪ Serbia Montenegro
▪ Central African Republic*	▪ India	▪ Sri Lanka
▪ China	▪ Israel**	▪ United Nation (Laissez Passer)
▪ Colombia*	▪ Ivory Coast (Cote d'ivoire)*	▪ Western Sahara*
▪ Congo Democratic Republic*	▪ Liberia*	▪ Yugoslavia
▪ Djibouti*	▪ Mali*	



Note:

For the countries marked as (*) are allowed to enter Malaysia by air only.

Israel citizen** who wish to enter are required Visa and approval from Ministry Of Home Affairs.

Malaysia

Visa is not required for a stay of less than one (1) month for ASEAN nationals except Myanmar. Visas are required for duration of stay exceeds (1) month except for Brunei and Singapore nationals.

Yellow Fever certificate is required to be produced upon landing in Malaysia for countries as listed below:

▪ Angola	▪ Ethiopia	▪ Senegal
▪ Benin	▪ Gabon	▪ Sierra Leone
▪ Bolivia	▪ Gambia	▪ South Africa
▪ Brazil	▪ Ghana	▪ Sri Lanka
▪ Burkina Faso	▪ Guinea-Bissau	▪ St Kitts & Nevis
▪ Burundi	▪ Kenya	▪ Suriname
▪ Cameroon	▪ Mali	▪ Tanzania
▪ Central African Republic	▪ Niger	▪ Togo
▪ Chad	▪ Nigeria	▪ Uganda
▪ Djibouti	▪ Panama	▪ Venezuela
▪ Equador	▪ Peru	▪ Zaire
▪ Guinea	▪ Rwanda	▪ Zambia
▪ Eritrea	▪ Sao Tome & Principe	

For details of VISA application and requirements please contact your nearest Malaysian Representative Office or embassy of Malaysia. For further information please refer to the Immigration Department of Malaysia, website as follows:

<http://www.imi.gov.my/index.php/en/>



RULES & REGULATIONS

The latest WKF/AKF Competition Rules will be adopted for the Championship unless otherwise notified by the Organizer or the Referee Commission in consultation with WKF/AKF Executive council.

AGE GROUPS

Cadet Categories - Born 1999 through 2000

Junior Categories – Born 1997 through 1998

Under 21 Categories – Born 1994 through 1996

ANTI -DOPING

The WKF Anti- Doping rules will be complied with strictly during the competition.

REGULATIONS OF REFEREE SEMINAR

Details regulations and procedures for AKF Referee Seminar will be provided by AKF.

Please note that the rules and regulations for hotel booking stated in this bulletin are applicable on all Referees attending the seminar.



KATA SEMINAR – UNDERSTANDING OF KARATE KATA JUDGEMENTS (by Mr. Inoue)



Mr. Yoshimi Inoue

A Kata Seminar by Mr. Inoue will be hosted on August 5th, 2014. The Kata Seminar will be opened for all contingents.

Please note the following rules & regulations:

1. All the participants who take Referee examination will be eligible to attend the seminar for free.
2. Any other person including Coaches and Athletes wish to participate in the seminar are welcome. The participation fee is USD 50.00 per person and paid to AKF.
3. Besides, all participants who attend the Kata Seminar shall wear Karate Gi.
4. Place are very limited and shall be subject to availability and limit to 200 persons
5. The venue of the seminar is at the Main Ballroom of the HQ Hotel.
6. Please fill and return Form F before July 22nd , 2014.



NATIONAL FLAG

- Each Delegation is required to bring national anthem (CD) and 2 national flags of their country/region or Olympic flags, if appropriate, and bring it to the event office during registration.
- The size of the flag should not be larger than **150cm x 100cm**

AIRPORT TRANSFER:

Malaysia Karate Federation (MAKAF) will provide free transportation (**Airport - HQ Hotel - Competition Venue - Airport**) for those who stay in the HQ Hotel.

Please note that MAKAF will only provide transportation to the participants and delegation members that book their HQ Hotel via the Organization Committee.

PRESS ACCREDITATION:

Press accreditation can only be given to persons who apply for such in advance and who are able to prove they are journalists. For Press Accreditation please contact the Secretariat.

ENTRANCE:

Entrance to the Championship will be free of Charge.

FAREWELL PARTY:

Information on farewell party will be provided at the information desk in the HQ hotel during the Championship.



WELCOME DINNER:

Welcome dinner will be organised by the host. Official invitation and details will be given during registration in the HQ Hotel.

TRAINING FACILITIES:

The organiser will provide National Federations with training facilities, from **August 5th – 7th only**. If requested, transport charges from official hotels to the training facilities shall be charged at **USD 20 per head**.

INSURANCE:

All participants and members of delegations must have their own medical insurance and personal trip insurance. The Malaysia Karate Federation and the World Karate Federation are taking **no liability** for either of these. Note that plain medical insurance is not enough, but the insurance has to have e.g. **repatriation option**.

The chiefs of delegation have to sign the enclosed term of responsibility (Form A) and return it by July, 4th 2014.

COMPETITION EQUIPMENTS:

All protection of compulsory use are the ones approved by either WKF and AKF.



CANCELLATION POLICY:

30 days prior to arrival: No fee

14 days prior to arrival: 45% of the total booking price

7 days prior to arrival: 100% of the total booking price

Please be informed that when making changes to your initial reservation, the first change is free of charge, from the second change onwards, the administration fees are RM 100.00 per changes. Further, if the amendment involves a room cancellation, the cancellation policy above shall apply.



BOOKING PROCEDURES:

1. Fill in the **Accommodation and Transfer Application Form**, and email it to The Organising Committee of AKF Junior & Cadet Championship 2014.
2. After receiving the application, and verifying your booking reservation, a performance invoice will be emailed to the applicant **National Federation (NF)**.
3. Upon receiving the performance invoice, the applicant NF shall pay 50% of the total amount within 7 days from the date of invoice, failure in this procedure will cause the booking to be considered null and void.
4. The remaining balance (50% of payment) shall be paid in full before **JULY 22nd, 2014**.
5. For any booking applications received after **JULY 22nd, 2014**, upon receiving the performance invoice, the applicant NF shall pay the full amount within 7 days from the date of invoice, failure in this procedure will cause the booking to be considered null and void.
6. Kindly make the payment to the Bank Account Details as below;

BANK NAME: HONG LEONG BANK

ADDRESS: 69 JALAN DATO BANDAR TUNGGAL, 70000 SEREMBAN.

ACCOUNT NAME: PERSEKUTUAN KARATE MALAYSIA

ACCOUNT NUMBER: 371 0000 1328

SWIFT CODE: HLBBMYKL

SHUTTLE BUS SERVICES FOR CHAMPIONSHIP:

Shuttle Bus Services will be provided between Official Hotel and Championship venue.

It is free of charge for all participants who book through the Organiser only.



14th AKF CADET, JUNIOR & U-21 CHAMPIONSHIP, KUALA LUMPUR, MALAYSIA 2014 SCHEDULE OF EVENTS

DATES	TIME	EVENTS
4th August (Monday)		Arrival & Registration of AKF Executive Members, and working commissions.
	1500-1900	Registration of referees & judges for seminar & examination.
5th August (Tuesday)	0800 - 0900	Registration of referees & judges for seminar & examination
	0900 - 1000	Referees Seminar
	1100 - 1300	Theory Examination
	1400 – 1700	Kata Seminar – By Soke Inoue
	1900 – 2100	Welcome dinner by MAKAF
6th August (Wednesday)	0900 – 1200	Kata Examination
	1000 - 1200	AKF EC Meeting
	1300 – 1800	Kumite Examination
	1900 – 2200	AKF Dinner
7th August (Thursday)	0900 - 1200	Kumite Examination
	1400 - 1500	Result for referees & judges examination
	1400 - 1600	Team Manager Meeting
	1600 - 1700	Theory Examination for referees' license renewal
	1700 - 1900	Referee Briefing



14th AKF CADET, JUNIOR & U-21 CHAMPIONSHIPS



8th August (Friday)	0900 - 1000	Weigh in – All Cadet categories
	0900 - 1100	Cadet & Junior Individual Kata (Male & Female)
	1230 - 1330	Award Ceremonies / Lunch Break
	1330 - 1830	Cadet Kumite
	1600 – 1800	Opening Ceremony
	1830 - 1900	Award Ceremonies
9th August (Saturday)	0800-0900	Weigh in
	0900-1200	Junior Female Kumite (-48kg, -53kg)
		Male Junior Kumite (-55kg, -61kg)
	1200-1300	Award Ceremonies / Lunch
	1300-1800	Female Junior Kumite (-59kg, +59kg)
		Male Junior Kumite (-68kg, -76kg, +76kg)
1830-1900	Award Ceremonies	
10th August (Sunday)	0800-0900	Weigh in
	0900-1100	Team Kata Junior Male & Female
		U-21 Individual Kata
	1100-1300	Male U-21 Kumite -68kg
		Female U-21 Kumite -53kg
	1300-1400	Award Ceremonies / Lunch Break
	1400-1700	Male U-21 Kumite (-78kg, + 78kg)
		Female U-21 Kumite (-60kg, +60kg)
	1700 – 1800	Closing Ceremony
1800 – 2000	Farewell Party at the Championship Venue	

*****Note: The above schedule of events are subject to change by AKF Referee Commission, AKF General Secretary, or the President of AKF.**