

νкс WORLD KARATE CONFEDERATION

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Categories **SENIORS**

18 years +

All competitors must be the minimum age of 18 years on the day of competition! No exceptions.

Unlimited Entry for all Categories

Kata Individual

male & female

All Kata must be from the official WKC kata list: Rules of Karate Competiton Part D, Article 9, Appendix IV.

Kata Team	
male & female	
per style	
per federation	

Kata Style Categories of an age class with less then 3 registered competitors will be merge together to a "Mixed Style Category". (Information regarding this will be send by Email after the registration deadline)

	Kumite Individual	
male & female	male & female	

Shobu Sanbon (Fighting time: 3 minutes)

Weight categories: Mal

Male:	-68;	-78;	+78 kg
Female:	-55;	-60;	+60 kg

Shobu Ippon (Fighting time: 2 minutes)

Male: **Open weight** Female:

Open weight



Kumite Team male & female

in Shobu Ippon and in Shobu Sanbon 3 competitors in one team (+1 reserve)

Kumite Categories of an age class with less then 4 registered competitors can be merge together. (Light weight starters being put in to higher weight category with the largest number of competitors).

(Information regarding this will be send by Email after the registration deadline)

Categories SENIORS 40 years +

All competitors must be the minimum age of 40 years on the day of competition! No exceptions.

Unlimited Entry for all Categories

Kata Individual

male & female

All Kata **must be** from the official WKC kata list: *Rules of Karate Competiton Part D, Article 9, Appendix IV.*

Kata Style Categories of an age class with less then 3 registered competitors will be merge together to a "Mixed Style Category". (Information regarding this will be send by Email after the registration deadline)