

CELEBRATING 50 YEARS OF EXCELLENCE IN CANADIAN



JANUARY 30TH-FEBRUARY 1ST, 2015 OLYMPIC OVAL - RICHMOND BC

INFORMATION BULLETIN #V1





























Dear Friends in Karate,

I am hereby delighted to invite all of you to the 40th Karate Canada National Championships, which will once again be held in the beautiful city of Richmond, BC from January 30 to February 1st, 2015. This very important event also marks over 50 years of excellence in Canadian karate, as our Organization has indeed now been in existence for over half a century!

Our Canadian National Championships of course constitute a yearly gathering for hundreds of athletes and coaches from across the nation, and it provides them with the opportunity to measure their skills against one another, while fully embracing and upholding the fundamental values of sports excellence, friendship and respect which are at the very heart of Canadian karate.

Over the course of these National Championships, our nation's very best will showcase their exceptional abilities and know-how, displaying the very highest level of karate which our country has to offer. It will also constitute an important step in the selection of our nation's finest, for ulterior representation on the international stage. As 2015 will also be the year when Canada hosts the 2015 Senior Pan Am Championships as well as the 2015 Pan American Games (in Toronto), the 2015 National Championships are uniquely important and particularly significant.

On behalf of Karate Canada, I wish to thank Karate BC for its important contribution to the successful hosting of this event. I also wish to salute not only the relentless and admirable dedication of our athletes and coaches, but also that of our numerous volunteers, and especially the generous contribution of our Canadian referees and officials, without whom this event would not be possible.

Finally, I wish the best of luck to all participants, and I look forward to seeing all of you again very soon!

Sincerely,

Dragan Kljenak President

Karate Canada







Dear members of the Karate Canada family,

Welcome to the 2015 Karate Canada National Championships here in beautiful British Columbia.

Karate BC and the Province of British Columbia are honored to be cohosting this prestigious event with Karate Canada, and we look forward to seeing you in action.

As many of you found in 2012 and in 2014, the City of Richmond is a safe and convenient location for the three days of competition, and the Richmond Olympic Oval is an awesome venue.

Karate tournaments provide a means to demonstrate your skills and achievements and the athletes and their coaches who are spending considerable time and effort in preparing for this level of competition deserve a big thank you.

My sincerest gratitude to everyone who is working to make this event a success and to the officials who dedicate so much of their time to ensure the continued growth of karate-do. This event would not be possible without your support.

I wish you all a safe competition and the best of luck.

In harmony,

Charles La Vertu

President Karate BC







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GENERAL INFORMATION

CHAMPIONSHIPS VENUE:



RICHMOND OLYMPIC OVAL

6111 River Road Richmond, BC V7C 0A2 Website: richmondoval.ca/venue/default.htm



OFFICIAL HOTEL



SHERATON VANCOUVER AIRPORT HOTEL

7551 Westminster Highway Richmond, BC V6X 1A3

Website: www.sheratonvancouverairport.com



DATES:

January 30th - February 1st, 2015

WEIGH-IN:

Weigh-in for all kumite competitors will take place on Thursday, January 29th, 2015, at the Headquarters Hotel. Specific times will be communicated upon team arrival.

Advance booking of weigh-in times will be made available.

More details to come soon.

CONTACT:

Warren MacLean 2015 National Championships' Event Manager Email: warren.maclean@karatecanada.org

Olivier Pineau Karate Canada Executive Director Email: Olivier@karatecanada.org

Tel: 514-252-3209

Alexandra Roy
Karate Canada Program Manager
Email: alexandra.roy@karatecanada.org

Tel: 514-252-3209





COMPETITOR ELIGIBILITY GUIDELINES

All participants must be members in good standing of their provincial or territorial karate Associations and Teams, and participants may only be pre-registered online through their PSO or TSO's Team Manager or designated representative.

All participating athletes must also be Canadian Citizens or permanent residents (landed immigrants). Participating athletes must bring proof of citizenship (current valid Canadian passport or birth certificate) or permanent resident status (official permanent resident card) with them, and may be asked to provide such proof upon request.

KUMITE:

MAXIMUM NUMBER OF ENTRANTS PER KUMITE DIVISION:

Each Province/Territory is permitted to send a maximum of two (2) competitors per individual division, excluding all National and International status-holding athletes (in all divisions, as long as they register to compete in the same division, when applicable – see full list of current National and International status-holding athletes in Appendix 2). Additionally, each Province/Territory may register extra athletes in either kata or kumite according to their Wildcard allocation (see APPENDIX 7).

Please note: All current Junior and Senior National Team kumite athletes must participate as members of their respective Provincial / Territorial Teams, in both individual and team divisions, and must have qualified according to their provincial / territorial requirements.

TEAM KUMITE:

Each Province/Territory is permitted to send a maximum of one (1) Senior Team in the Team Kumite division.

As was the case last year, Karate Canada will continue to accept registration and participation of "Regional Teams" in Team Kumite, on top of the Provincial / Territorial Teams. This will allow for grouping and gathering of athletes from neighbouring Provinces for participation in Team Kumite as Regional Teams. The breakdown of eligible regions will be as follows:

- Atlantic Provinces (1 Team):
 Can be made up of athletes from Newfoundland / Labrador, Nova Scotia, Prince Edward Island and New Brunswick
- Western/Central Canada (1 Team):
 Can be made up of athletes from British Columbia, Alberta, Saskatchewan and Manitoba
 (As Ontario and Quebec historically bring larger pools of athletes to National Championships, they do not seem to need to join with any other Provinces to assemble their kumite teams at this time.
 Every Province may of course continue to register kumite teams made up simply of its own athletes if it chooses to, on top or instead of Regional Teams.)







All Provincial / Terrirtorial Team Kumite Registration must be done online via SportData by January 12th, 2015.

Please note, however, that changes in the composition of team kumite rosters will exceptionally be accepted until the very start of the Team Kumite competition, without incurring any change or administrative fees (Team Coaches are asked to advise us of any such changes by email until January 29th, inclusively, and in person at the event's Head Table once the tournament has begun).

REGISTRATION OF REGIONAL TEAMS:

Provinces and Regions may register Regional Teams for the Team Kumite competition by simply sending an email to: Olivier@karatecanada.org, containing all necessary information, by January 12th, 2015.

Selection of such teams will be left entirely to the Provincial Coaches of these regions, who must decide amongst themselves whether they wish to take advantage of such an opportunity, and who will make up such teams. When providing the information for registration of such Regional Kumite Teams by email, please indicate the names of the athletes on these Regional Kumite Teams, along with the name of the Coach in charge of each team. Karate Canada will then proceed with online registration of these teams on your behalf, and the designated Coach will be responsible to provide payment of registration fees for these teams at accreditation (ID Pick up) prior to the start of competition in Richmond (BC). We also ask that the Provincial Team Coaches of all provincial teams within the concerned region be cc'd on any such email. Please note that Karate Canada will only accept up to a maximum of 1 Western and 1 Eastern Regional Kumite Teams, so it is imperative that coaches of the Provinces in these regions reach a common agreement before submitting names for registration of their Regional Kumite Teams.

KATA:

Cadet/Junior Team Kata Division:

Cadet and Junior Team Kata competition are merged into one age division for 14-17 year olds (male and female competitors remain in separate divisions).

Under 21 (U21) Divisions:

Athletes aged 18, 19 and 20 years old may compete in individual events in both U21 as well as team senior divisions.

MAXIMUM NUMBER OF ENTRANTS PER KATA DIVISION:





INDIVIDUAL KATA DIVISIONS:

Each Province/Territory is permitted to send a maximum of three (3) competitors per individual kata division, excluding all National and International status-holding athletes (in all divisions, as long as they register to compete in the same division, when applicable – see full list of current National and International status-holding athletes in Appendix 2).

Additionally, each Province/Territory may register extra athletes in either kata or kumite according to their Wildcard allocation (see Appendix 7).

TEAM KATA DIVISIONS:

Each Province/Territory is permitted to send a maximum of one (1) team kata per age division (Combined Cadet/Junior and Senior).

***IMPORTANT: 2015 membership fees from each Provincial / Territorial Association must have been paid in full prior to the start of competition, in order for individual participant registrations of athletes and coaches from that Province / Territory to be considered valid.

Please note that all participating athletes must be Canadian Citizens or permanent residents (landed immigrants). Participating athletes must bring proof of citizenship (current valid Canadian passport or birth certificate) or permanent resident status (official permanent resident card) with them, and may be asked to provide such proof upon request.

COACH ELIGIBILITY GUIDELINES

All participants must be members in good standing of their provincial or territorial karate Associations and Teams, and participants may only be pre-registered online through their PSO or TSO's Team Manager or designated representative.

All participating Coaches must be at least Comp Intro-trained or (old) Level 2-trained in the NCCP (National Coaching Certification Program). Any higher level of training or certification (such as Comp Dev) will of course also be considered as valid. Karate Canada will verify all coach NCCP credentials and records via The Locker (the Coaching Association of Canada's online database) after the registration deadline, and prior to the start of competition.





AGE EGIBILITY

Please note the following information pertaining to age eligibility of participants in the 2015 Karate Canada National Championships (January 30th -February 1st, Richmond BC):

KUMITE:

Athletes aged 18, 19 and 20 years old may compete in individual U21 as well as Senior individual and Senior team divisions.

Cadet, Junior and U21 athletes may compete in the age category for which they are eligible at the time of the 2015 National Championships, and may ALSO register to compete in an older age category provided they will reach the minimum age of this category within the year following the start of the 2015 National Championships.

Participants in all categories must be aware that unless they are of age to compete in the said category at the season's key international events (on the dates of these events, such as the 2015 Cadet & Junior Pan American Karate Championships, the 2015 Junior World Karate Championships, the 2015 Sr Pan American Karate Championships, etc), they may NOT represent Canada at these competitions.

>>> This is illustrated in APPENDIX 5

KATA:

Athletes aged 18, 19 and 20 years old may compete in individual U21 as well as Senior individual and Senior team divisions (see APPENDIX 5).

Cadet, Junior and U21 athletes may compete in the age category for which they are eligible at the time of the 2015 National Championships, and may ALSO register to compete in an older age category provided they will reach the minimum age of this category within the year following the start of the 2015 National Championships.

Participants in all categories must be aware that unless they are of age to compete in the said category at the season's key international events (on the dates of these events, such as the 2015 Cadet & Junior Pan American Karate Championships, the 2015 Junior World Karate Championships, the 2015 Sr Pan American Karate Championships, etc), they may NOT represent Canada at these competitions.

(AN EXTRA NOTE ABOUT KATA: Please note that the minimum age for U21 kata at international events is 18. The minimum age for Senior individual and Senior team kata at international events is 16. So it is possible that an athlete qualifies for Senior kata, but not for U21 kata.)

>>> This is illustrated in APPENDIX 5





REGISTRATION OF TEAMS

All participating athletes, referees, coaches and delegates must be pre-registered online through the SportData website, at:

WWW.SPORTDATA.ORG

Opening of Online Registration: November 24th, 2014 Registration deadline: January 12th, 2015 **

All Provincial / Territorial delegations **must have an online user name and password for access** to the event and pre-registration. All Teams should use the same User Names and Passwords which they have used for online pre-registration to the 2013 and 2014 National Championships. If you do not yet have a user name and password, please submit an online request to SportData via their website.

For questions on how to pre-register your teams using the software, all team managers may contact the SportData software team directly at office@sportdata.org.

Provincial/Territorial Associations/Teams are responsible for the quality and accuracy of the entered registration data. Changes to online pre-registration entries are possible and free of charge **until Monday, January 12th, 2015, inclusively**.

** NO CHANGES TO REGISTRATIONS IN INDIVIDUAL DIVISIONS AND TEAM KATA DIVISIONS WILL BE ACCEPTED AFTER MONDAY, JANUARY 12TH, 2015.

PLEASE NOTE:

The official registration / ID Pick-up (where Team managers may obtain all badges and ID cards for their Team members) will take place on Wednesday, January 28th and Thursday, January 29th, at the Sheraton Vancouver Airport Hotel. At official registration / ID Pick-up, Team Managers MUST provide Karate Canada with signed medical and liability waivers for all of their team's participants / registrants.

Please note that all rooms and exact times will be confirmed in a later version of the bulletin.





ATHLETE/COACH REGISTRATION DEADLINE: JANUARY 12TH, 2015

NO LATE REGISTRATION PERMITTED. NO REFUNDS IN CASE OF CANCELLATION**

PAYMENT OF ALL COMPETITORS FEES MUST BE MAILED TO THE KARATE CANADA HEAD OFFICE, POSTMARKED NO LATER THAN JANUARY 12TH, 2015, AT:

Karate Canada 4545 Av. Pierre-de-Coubertin Montreal, QC H1V oB2

REFEREE REGISTRATION DEADLINE: JANUARY 12TH, 2015













CATEGORIES

The categories used at this event will be the following:

- Female and Male Individual Kata:
- Cadet (14-15 years old*)
- Junior (16-17 years old*)
- Senior (16 years and older*)
- U21 (18-20 years old*)

Female and Male Team Kata:

- Cadet/Junior (14-17 years old*)
- Senior (16 years and older*)

• Female Individual Kumite:

- Cadet (14-15 years old*): -47 kg, -54 kg, +54 kg
- Junior (16-17 years old*): -48 kg, -53 kg, -59 kg, +59 kg
- U21 (18-20 years old*): -50kg, -55kg, -61 kg, -68 kg, +68 kg
- Senior (18 years and older*): -50kg, -55kg, -61 kg, -68 kg, + 68 kg, Open Weight

Male Individual Kumite:

- Cadet (14-15 years old*): -52 kg, -57 kg, -63 kg, -70 kg, +70 kg
- Junior (16-17 years old*): -55 kg, -61 kg, -68 kg, -76 kg, +76 kg
- U21 (18-20 years old*): -60 kg, -67kg, -75 kg, -84kg, +84 kg
- Senior (18 years and older*): -60 kg, -67 kg, -75 kg, -84 kg, +84 kg, Open Weight

Female Team Kumite:

Senior (18 years and older*)

Male Team Kumite:

• Senior (18 years and older*)

(*=see possible exceptions in the Age Eligibility portion of this bulletin)





NEW U21 WEIGHT DIVISIONS - TRANSITION:

Karate Canada will recognize any valid Status earned by U21 athletes within the year preceding the 2015 National Championships (in the original or "old" divisions), at the time of that competition, for whichever division the status-holding athlete now chooses to register and to compete in at these 2015 National Championships (for registration and for seeding of divisions, as applicable), and for ulterior National Team selection purposes in the case of valid International Status.

IMPORTANT: Please note that there will be NO CADET or JUNIOR TEAM KUMITE categories at the 2015 Karate Canada National Championships.

Please see Appendix 8 for the YOUTH CUP portion of the event, listing all categories for the 12-13 year old participants in this portion of the event.

ENTRY FEES

COMPETITORS

The entry fees are:

Each Individual entry: \$ 105.00 CAD
 Each Kata Team division entry: \$ 200.00 CAD
 Each Kumite Team division entry: \$ 200.00 CAD

NO LATE REGISTRATION PERMITTED. NO REFUNDS IN CASE OF CANCELLATION**

Please note:

Athletes cancelling registration prior to January 28th 2015 for medical reasons only, and providing a valid proof of injury or sickness (medical note) to Karate Canada before that date, may obtain a refund of the registration fees, minus a \$50.00 administrative fee. Please note that registration fees are non-refundable for any other reason, and no refund will be issued for any reason whatsoever as of January 28th, 2015.





PAYMENT OF FEES

Payments must be made online during the registration on SportData or mailed to the Karate Canada head office, postmarked **no later than January 12th, 2015**, at:

Karate Canada (2015 National Championships) 4545 Av. Pierre-de-Coubertin Montreal, QC H1V oB2

COMPETITION RULES

The rules used at this event will be modified current WKF Competition rules (version 9.0; see "Officiating" section in the "Documents" tab of Karate Canada's official website www.karatecanada.org for a summary of applicable Canadian Amendments to WKF competition rules.). The latest version of WKF competition rules - version 9.0 – will apply, unless specified otherwise in the documents mentioned above and in this (and/or future versions of this) bulletin.

Please note that Karate Canada will also be implementing version 9.0 of the WKF Kata Competition Rules (available in the "Documents" tab of the Karate Canada website) at the 2015 National Championships.

TIE-BREAKING FOR KUMITE MATCHES:

For all kumite divisions at the 2015 National Championships, Karate Canada will use simple Hantei (decision) to break ties, if required, after the regular match duration, and in order to determine the winner, in accordance with current WKF rules (with no enchosen or overtime).

ELIMINATION FORMAT:

IMPORTANT: Please note that a DOUBLE ELIMINATION format will be used in all individual kumite categories for this event (see Appendix 3 for an example of this type of draw), thus ensuring that each participant gets to participate in at least 2 matches (unless disqualified in a fashion which would prevent further bouts). As a result, there will be no repechage tree and only one bronze medal per division will be awarded in all individual kumite divisions.

Karate Canada will use WKF-style repechage in all Team Kumite and in all (Team and Individual) Kata divisions.



2015 NATIONAL CHAMPIONSHIPS



SEEDING:

All National and International status-holding athletes as well as all silver medalists from the 2014 National Championships (if competing in the same category in the 2015 National Championships) will be seeded in the draw.

Seeding will be allocated as follows (in decreasing order of priority):

- 1- International A Status-Holders, if any**
- 2- International B Status-Holders, if any**
- 3- International C Status-Holders, if any**
- 4- National A Status-Holders, if any**
- 5- 2014 National championship silver medalist in that category

(**=If more than one athlete holds an identical International Status on January 28th, 2015, the athletes with the highest number of ranking points will be seeded higher than athletes holding an identical status but holding less ranking points; the same will apply if more than one athlete holds a National status in any given division. If two athletes have the same status and exact same number of points, they will be seeded at random, higher than athletes with less points and lower than athletes with more points or higher statuses.)

Please note:

Karate Canada will recognize any valid status earned by U21 athletes within the year preceding the 2015 National Championships (in the original or "old" divisions), at the time of that competition, for whichever division the status-holding athlete now chooses to register and to compete in at these 2015 National Championships (for registration and for seeding of divisions, as applicable), and for ulterior National Team selection purposes in the case of valid international status.

KUMITE MATCH DURATION:

As was the case in recent editions of the National Championships:

- For Senior male individual kumite divisions: All matches last 3 minutes.
- For Senior female individual kumite divisions: All matches last 2 minutes
- For all Team Kumite:
 Matches will last 3 minutes for men, and 2 minutes for women.
- For U21 male individual kumite divisions: All matches last 3 minutes.
- For U21 female individual kumite divisions: All matches last 2 minutes.
- For Cadet (14-15)& Junior (16-17) individual kumite divisions: All matches last 2 minutes.





MANDATORY EQUIPMENT

KUMITE:

Body Protector

The use of WKF-approved body protectors is mandatory FOR ALL PARTICIPANTS, including seniors.

Chest Protector

The use of WKF-approved chest protectors is mandatory FOR ALL FEMALES, including seniors.

Mask

Cadets: The use of face masks is optional, however, if worn, they must be WKF-approved.

Groin Cup/Protector

Mandatory for all male kumite athletes.

All other equipment will be as stipulated in current WKF Competition Rules. Please note that WKF-approved protective equipment which does not show the 2012-2015 stamp will still be tolerated (as long as of similar model and in good condition.)

Religious Head Coverings

Female competitors may wear a WKF homologated black plain fabric head scarf covering the hair, but not the throat area.

Religious head coverings for **male** athletes may be tolerated, at the discretion of Karate Canada. Male athletes wishing to wear head coverings must submit advance notice by email to Karate Canada's 2015 National Championships' Event Manager Mr. Warren MacLean (warren.maclean@karatecanada.org), **no later than**January 12th, 2015. Please also note that male athletes selected onto the National Team may or may not be allowed to wear such head coverings at subsequent international events of the season, in accordance with international federation rules.

Female athletes selected for the National Team will be permitted to wear such head coverings at international events in accordance with WKF rules.





AWARDS

Please note that (due to use of a double elimination format) there will only be one bronze medal awarded in each individual kumite division.

ACCOMMODATIONS

OFFICIAL HEADQUARTERS HOTEL

(for ALL TEAM MEMBERS, COACHES, OFFICIALS AND DELEGATIONS)

SHERATON VANCOUVER AIRPORT HOTEL

7551 Westminster Highway, Richmond, BC V6X 1A3

Website: www.sheratonvancouverairport.com _



You may reserve directly

By Internet (individual/small groups' reservation), at:
 https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1411193922&key=236E007C



- By phone (individual reservations): 1 800 325 3535
- For larger groups of 10 or more rooms UNIQUELY: please contact Harolyn Stefanik at 604.233.3962 or harolyn.stefanik@sheratonvancouverairport.com





Special rates per night (in CAD\$) for the 2015 National Championships:

Room	Single to Quadruple occupancy
Double Doubles (Non smoking)	\$139

Rates do not include applicable state and local taxes, currently 14.24%.

If you would like specific rooms, please call 604.233.3962 for assistance.

The "cut-off date" for reserving rooms at these rates and availability is Wednesday, December 24th, 2014.

For larger group reservations, please send your **rooming list** to Mrs. Haronyk (with names, addresses, dates and hours of arrival/departure of the participants) **no later than the Cut-off date** in order to secure the number of rooms at the preferred rate.

Please also provide payment method and a contact number/name at the same time.

Please note:

This information cannot be sent by email, as the Sheraton Hotel can not accept and receive emails with credit card information.





TRAVEL PROGRAM INFORMATION

Introduction

Following the recent meeting of PSOs and a meeting of the Board of Directors of Karate Canada, it has been decided that the Travel Cost Share program as it was in place last year was to be discontinued. Various options were looked at and the Board endorsed the recommendation of the PSOs to implement a new Cost Share program that will equate to providing a subsidy payment to travellers that are paying more than a predetermined average cost. The subsidy would be paid from a fund created by contributions from local participants in the Nationals who do not require air travel. The following sets out the parameters of this new Travel Program as approved by the Executive Committee and by the Finance Committee.

Payment to the Travel Fund

Participants taking part in the 2015 National Championships who do not require to travel by air to Richmond (BC), will pay an amount of \$200 each to a travel subsidy fund that will be managed by Karate Canada. Karate BC will communicate this requirement to its participants, will collect the required payment from these participants and will submit the payment to Karate Canada by January 9th, 2015.

Payment of Subsidy

Participants taking part in the 2015 National Championships who travel by air to Richmond (BC), may or may not be entitled to a subsidy payment from the travel fund. The subsidy payment will be available to participants for whom the total airfare cost is greater than \$600. The subsidy amount to be paid to eligible participants will be calculated on a prorated calculation of the total airfare paid by all eligible participants and the available travel fund.

Eligible participants wishing to receive a travel subsidy will be required to:

- Purchase their air ticket within 3 weeks of their last provincial qualifier, and no later than December 24, 2014
- Purchase an economy class ticket at the "lowest logical airfare" (see definition below)
- Submit a claim for subsidy payment to Karate Canada no later than January 9th, 2015, using the applicable request form (to be provided shortly) along with a copy of the itinerary/invoice.

Lowest logical airfare is defined as the airfare associated with the least costly economy class travel option while respecting the following parameters

- Routing requires no more than two stops each way of a round trip
- Routing does not increase the one-way total elapsed trip time by more than 3 hours

Participants

The participants in the Travel Program will include the Athletes, provincial coaches, officials and delegates in the National Championships.

12-13 year old athletes from BC taking part in the Youth Cup test event are excluded but the 12-13 year old athletes from the other provinces will be eligible to the travel subsidy KC staff, delegates and others for whom airfare is paid by Karate Canada are excluded.





LOCAL TRANSPORT

AIRPORT-HOTEL/HOTEL-AIRPORT

Transportation to/from Sheraton Vancouver Airport Toronto Hotel

The Sheraton Vancouver Airport hotel is only 5 minutes away from Vancouver International Airport and provides a free regular shuttle service (departure every 30 minutes) from the main terminal starting at 5:00am, with the last shuttle leaving the hotel at midnight.

For Vancouver airport shuttle service between midnight and 5:00am, you will have to ask the front desk to set-up your departure time.

If you need shuttle service from the airport, you can call the hotel from the display board in baggage claim areas of the airport or call them directly at 800-663-0299 or 604-273-7878. In this case please wait for your shuttle at the designated area.

International and Domestic pick-up areas on the arrivals level of the airport are marked as hotel shuttle pick up areas.

Further information at:

www.sheratonvancouverairport.com/vancouver-airport-shuttle

HOTEL/SPORT VENUE

Transportation to/from Sheraton Vancouver Airport Toronto Hotel

The organization will provide a shuttle service between the Sheraton and the OVAL every day of competition on the morning and on the end of the day, for officials and delegates.

Karate Canada will also be contacting all PSOs/TSOs shortly in order to determine the relevance of offering shuttle service for competitors and coaches as well. More information coming soon...





ADMISSION FOR SPECTATORS

Under 12 years old: Free

From 12 years old: \$15.00 CAD per day \$35.00 CAD for three (3) day pass

(Tickets may be purchased at the door)

BOOKING OF TRAINING AREAS FOR PROVINCIAL / TERRITORIAL TEAMS

Training rooms / areas will be available at the Headquarters Hotel for all Provincial / Territorial Teams on January 28th, 29th, 30th and 31st.

Advance booking of training times will be made available.

More details to come soon.





PROGRAM/SCHEDULE

SATELLITE ACTIVITIES, MEETINGS AND COURSES

Karate Canada will hold various workshops, seminars, courses and meetings in the days leading to this National Championship:

- a 2-day NCCP (National Coaching Certification Program) Comp Dev Course;
- a short National Referee Refresher Briefing (mandatory for all Referees officiating at this event) and;
- a couple of meetings (including a morning "Mat Chat") with PSOs / TSOs representatives, and more...

>>> Please see APPENDIX 4 for full schedule.

COMPETITION SCHEDULE

Full details of the competition schedule will be posted on Karate Canada website at a later date (in January 2015).

Competition is tentatively scheduled to begin at 9:00 AM and is expected to end no later than 7:00 PM (local time) on the first 2 days of competition days (January 30 & 31) and no later than 4 PM (local time) on the 3rd and last day of competition (February 1st).

BANQUET

As is customary, Karate Canada will hold its Annual Banquet shortly after completion of the competition, on Sunday February 1st, at the Sheraton Vancouver Airport Hotel. Do not miss this yearly celebration of friendship and excellence in Canadian Karate!

Tickets cost: \$75.00 CAD (full meal included)

More information regarding the reservations will be provided soon.





MEDICAL & WAIVER FORMS

Each competitor (both kata and kumite) must submit a completed and signed Waiver & Medical History Form Part A and Medical Examination Form Part B (where required) in order to be eligible to take part in this event.

A copy of this form can be found in Appendix 6, and may also be downloaded from the SportData website.

All Team Managers must provide signed copies for all competitors at on-site registration, on January 28-29.

OUR SPONSORS AND PARTNERS

Karate Canada wishes to sincerely thank the following sponsors and partners for their generosity and for their vital contribution to the success of the 2015 National Championships:





























MAP OF THE HOTEL

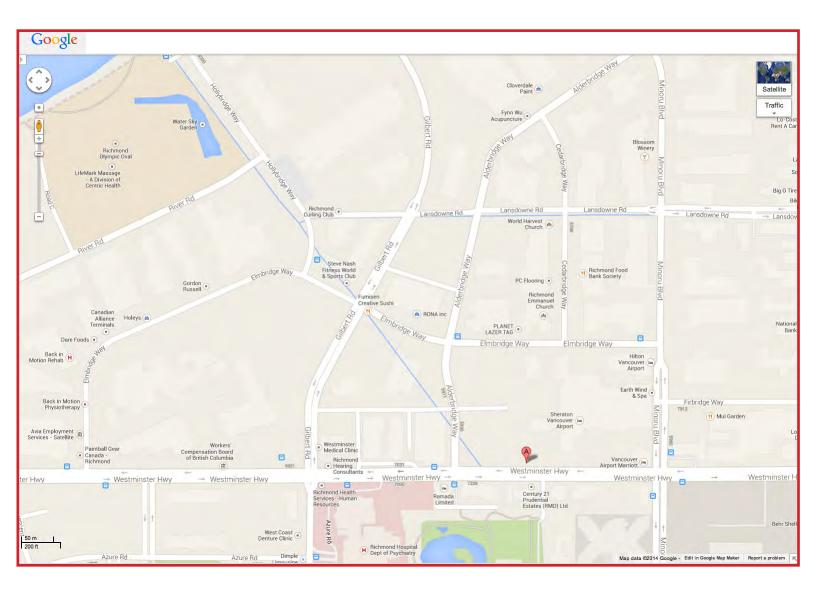


SHERATON VANCOUVER AIRPORT HOTEL

7551 Westminster Highway, Richmond, BC V6X 1A3

Website: www.sheratonvancouverairport.com





 $Ref.: https://maps.google.ca/maps?client=safari&q=7551+Westminster+Highway+++Richmond, +British+Columbia\&oe=UTF-8\&ei=9TbCUt-WBaqksQTZwIG4DQ\&ved=oCAoQ_AUoAggarder. +Richmond, +British+Columbia&oe=UTF-8\&ei=9TbCUt-WBaqksQTZwIG4DQ\&ved=oCAoQ_AUoAggarder. +Richmond, +Richmond,$



MAP: http://goo.gl/maps/VFrLE



MAP OF THE SPORT VENUE

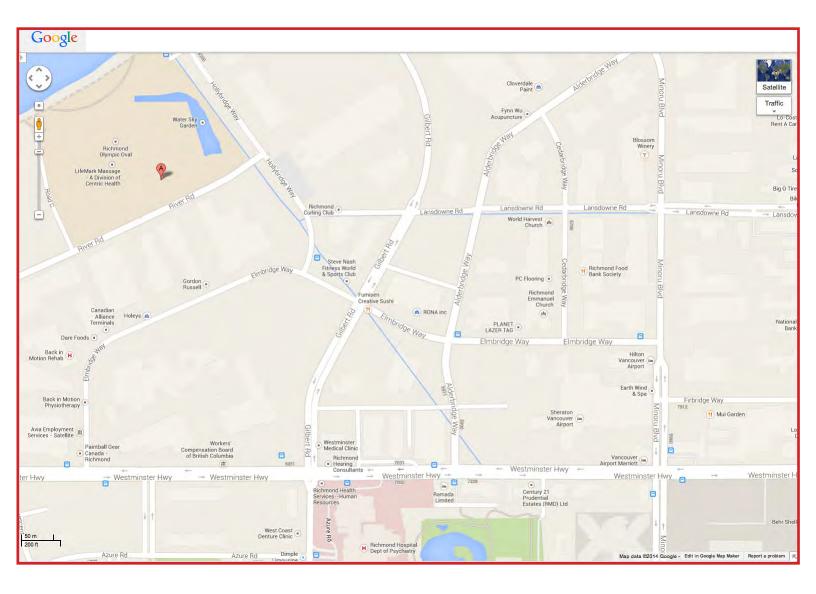


RICHMOND OLYMPIC OVAL

6111 River Road Richmond, BC V7C 0A2

Website: richmondoval.ca/venue/default.htm _





 $Ref.: https://maps.google.ca/maps?client=safari&q=6111+River+Road+Richmond, +BC+V7C+oA2\&oe=UTF-8\&ei=CzjCUp3LD4bgsASQ-YC4DQ&ved=oCAoQ_AUoAggreents (ACA) and the safari an$



MAP: http://goo.gl/maps/UXW5w



ATHLETES WITH NATIONAL AND INTERNATIONAL STATUS – November 13, 2014*

SENIOR WOMEN

Status	Name	Category
International B	Vanessa Restrepo-Hernandez	-55 kg
International B	Goli Khalili	-68 kg
International B	Olivia Patricia Grant	68+ kg
International C	Roxanne Côté	-50 kg
International C	Kamille Desjardins	-61 kg
National A	Jusleen Virk	-50 kg
National A	Kathryn Campbell	-55 kg
National A	Jasmine Landry	-68 kg
National A	Sumi Uchiage	Kata
National A	Kathryn Campbell	Open
National A	Goli Khalili	Open

SENIOR MEN

Status	Name	Category
International B	Philippe Soucy	-84 kg
International B	Sarmen Sinani	-84 kg
International B	Sarmen Sinani	Open
National A	Leivin Chung	-60 kg
National A	Jovaun Bartley	-60 kg
National A	Sébastien Larose	-67 kg
National A	Patrice Boily-Martineau	-75 kg
National A	Daniel Gaysinsky	-75 kg
National A	Chris De Sousa Costa	84+ kg
National A	Toshihide Uchiage	Kata
National A	Philippe Soucy	Open



^{*}Please note that divisions displayed above are those in which these statuses were earned.

ATHLETES WITH NATIONAL AND INTERNATIONAL STATUS - November 13, 2014* - continued -

JUNIOR WOMEN

Status	Name	Category
International B	Vicky Carrière	14-15 -47 kg
International B	Camélie Boivenue	16-17 +59 kg
International B	Lisa Furumoto-Deshaies	16-17 -53 kg
International B	Hana Furumoto-Deshaies	U21 Open
National A	Melissa Bratic	14-15 -54 kg
National A	Aya Kitaoka	14-15 +54 kg
National A	Melissa Bratic	14-15 Kata
National A	Emilie Simoneau	16-17 -48 kg
National A	Trysten Deveau	16-17 -53 kg
National A	Alexandra Zaborniak	16-17 -59 kg
National A	Shalene Lee	16-17 Kata
National A	Victoria Barusic	U21 -53 kg**
National A	Haya Jumaa	U21 -60 kg**
National A	Jasmine Landry	U21 +60 kg**
National A	Hana Furumoto-Deshaies	U21 Kata

JUNIOR MEN

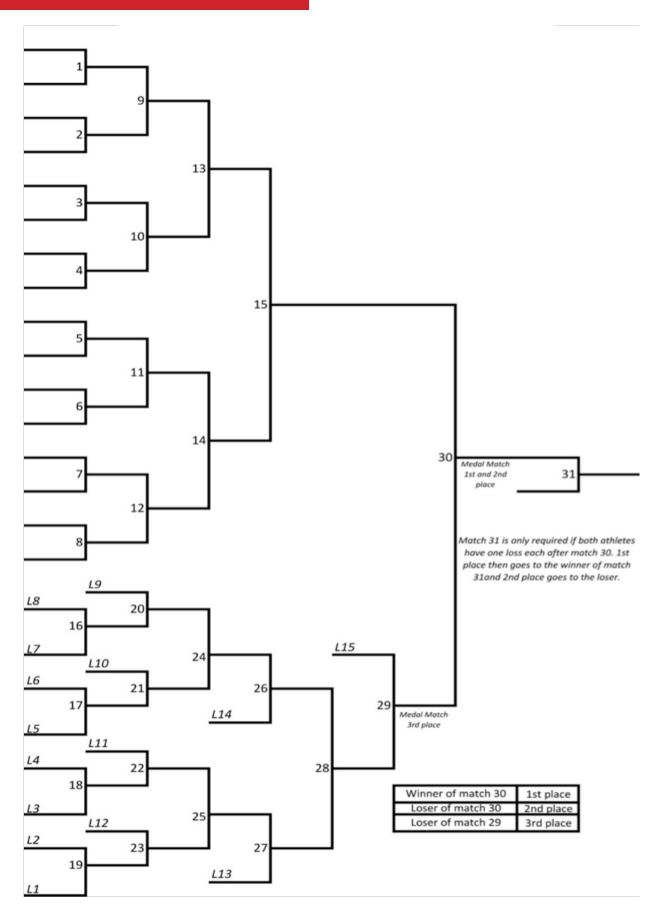
Name	Category
Jeremy Chenard	14-15 -57 kg
Jaskaran Brar	14-15 +70
Nicolas Bisson	16-17 -55 kg
Brendon Ly	16-17 +76 kg
Nicolas-Patrick Rivest	U21 -75 kg
Josh Dhillon	14-15 -52 kg
Isaac Mand	14-15 -57 kg
Christopher Coady	14-15 -70 kg
Alexandre-Benjamin Rivest	14-15 +70 kg
Nathan Lefebvre	14-15 Kata
Isaac Mand	16-17 -55 kg
Denver Thibeault	16-17 -61 kg
Sean O'Neil	16-17 -68 kg
Terrence Chan	16-17 Kata
Ryan O'Neil	U21 -68 kg**
Daniel Gaysinsky	U21 -68 kg**
Philippe Soucy	U21 +78 kg**
Tan Nguyen	U21 Kata
Philippe Soucy	Open
	Jeremy Chenard Jaskaran Brar Nicolas Bisson Brendon Ly Nicolas-Patrick Rivest Josh Dhillon Isaac Mand Christopher Coady Alexandre-Benjamin Rivest Nathan Lefebvre Isaac Mand Denver Thibeault Sean O'Neil Terrence Chan Ryan O'Neil Daniel Gaysinsky Philippe Soucy Tan Nguyen

*Please note that divisions displayed above are those in which these statuses were earned.

** Status earned in the former/old U21 categories



DOUBLE ELIMINATION SAMPLE DRAW SHEET







2015 NATIONAL CHAMPIONSHIPS SCHEDULE OF ACTIVITIES

	ACTIVITIES						(SUBJECT TO CHANGE)
ORT	STAFF/ TEAM MANAGERS	COACHES	OFFICIALS	PSOs/TSOs/BOD	TECHNICAL COMMITEE/DAN EXAMINATIONS	ATHL COMPE	ETES/ TITION
Wedlesday,	ACCREDITATION 12:00 PM – 5:00 PM WESTMINSTER 3	NCCP COMP DEV COURSE 9:00 AM – 5:00 PM WESTMINSTER 2		MEETING w PSOs/TSOs 5:00 PM – 6:30 PM TBD			TEAM TRAININGS 9:00 AM – 9:00 PM MINORU A+B
Thursday's	ACCREDITATION 10:00 AM – 12:00 PM WESTMINSTER 3 VOLUNTEER TRAINING 6:00 PM – 8:00 PM	— ALL OFFICIALS & PR 3:00 PM	EFING OVINCIAL COACHES— - 4:00 PM DRU C	MAT CHAT 9:00 AM – 11:00 AM STEVESTON D	DAN TESTING 1:00 PM -4:00 PM MINORUD DAN TESTING (cont.) 6:00 PM -8:00 PM MINORUD	WEIGH – IN 8:00 AM – 4:00 PM MEN in STEVESTON A WOMEN in STEVESTON B	TEAM TRAININGS 9:00 AM – 9:00 PM MINORU A+B
di	WESTMINSTER3			OPENING CEREMONY 9:00 AM - 9:30 AM OVAL COMPETITION			TEAMTDAININGS
fillow,				9:30 AM - 6:00 PM OVAL MEDAL PRESENTATIONS 6:00 PM - 7:00 PM OVAL	3		TEAM TRAININGS 9:00 AM – 9:00 PM MINORU A+B
Saturday,				COMPETITION 8:00 AM - 6:00 PM OVAL MEDAL PRESENTATIONS 6:00 PM - 7:00 PM	5		TEAM TRAININGS 9:00 AM – 9:00 PM MINORU A+B
				COMPETITION 8:00 AM - 3:00 PM OVAL			
Ship,				MEDAL PRESENTATIONS 2:30 PM - 4:00 PM OVAL	5		NATIONAL TEAMS MEETING 3:00 PM – 4:30 PM OVAL
BANQUET 6:00 PM - 12:00 AM MINORU Grand Ball Room							
Monday,				DELEGATIONS DEPART			



COMPETITOR AGE ELIGIBILITY MATRIX

	CADET	JUNIOR	U21	SENIOR
	Birthdate between	Birthdate between	Birthdate between	Birthdate
Kata	February 2, 1999 – January 30, 2002	February 2, 1997 – January 30, 2000	February 2, 1994 – January 30, 1998	On or before January 30, 2000
Kumite	February 2, 1999 – January 30, 2002	February 2, 1997 – January 30, 2000	February 2, 1994 – January 30, 1998	On or before January 30, 1998
Team Kata	February 2, 1997 -	- January 30, 2002	N/A	On or before January 30, 2000



MEDICAL & WAIVERS FORMS

INFORMATION FOR KARATE COMPETITORS

Instructions:

All Karate Competitors must submit the following documents in order to be eligible to compete in any Karate Canada competition, and more specifically in the 2015 National Championships or 2015 Youth Cup:

- 1. Waiver and Release Agreement
- 2. A Medical Report comprised of a Medical History (Part A) completed by the competitor and a Medical Examination (Part B) to be completed by a licensed physician. If all the answers related to the Medical History are "No", then the Medical Examination (Part B) is not required. Note: Medical Examination reports are not required for those competitors competing in Kata only.

Note also: If the only medication taken regularly is a birth control pill, you do not need to fill in part B.

3. All Medical Reports must be submitted at the time of registration to Karate Canada, for review by the Tournament Medical Doctor. The Tournament Medical Doctor will have the sole discretion to determine if a competitor is or is not medically fit to compete in Kumite.

All competitors should be aware of the following:

- Competitors will not wear bandages, padding or supports during Kumite matches unless approved by the referee in consultation with the tournament doctor.
- 2. A competitor injured during a match and declared unfit to fight by the Tournament Medical Doctor will not be eligible to further compete in the competition.
- 3. All finger and toe nails must be kept short.
- 4. Competitors will not wear metallic or other objects which may injure an opponent.
- 5. Competitors are advised to see their regular physician following a competition for follow-up examination of any injuries suffered during the competition. Note: The full extent of some injuries may not manifest themselves until sometime following the injury, e.g. abdominal or head injuries.

Acknowledgement

I UNDERSTAND AND AGREE that my signing of this document constitutes that:

- 1. I am registering willingly and participating voluntarily in a Karate Canada competition and the 2015 National Championships or the 2015 Youth Cup.
- 2. I am physically, emotionally and mentally able to participate in a Karate Canada competition and the 2015 National Championships or the 2015 Youth Cup.
- I have expressly disclosed all illnesses, injuries, ailments, symptoms and/or medical conditions of any kinds whatsoever suffered or sustained as requested in the Medical Report.
- 4. I agree to consult my regular doctor should such an examination be requested by the Tournament Medical Doctor.
- 5. I agree that there are risks as described in the Waiver and Release Agreement and will be exposed to these risks and hazards.
- 6. I agree to accept all these risks and hazards and be responsible for any injury or other loss which I might receive while participating in a Karate Canada competition and the 2015 National Championships or the 2015 Youth Cup.
- 7. By participating in Karate Canada's activities, I hereby consent to having any picture or video image taken of me during any activity in any edited material used for Karate Canada's promotional activities, Web site and souvenir videos. I also accept that Karate Canada use any photomontage and videotape in which I appear for television purposes.

I have read and understood the terms and conditions of this agreement, and by signing it voluntarily,

8. I have read the Waiver and Release Agreement and understand its terms and conditions.

I am agreeing to abide by these terms.				
DATED thisday of, 20	•			
TOURNAMENT COMPETITOR				
Printed Name of Competitor	Signature of Competitor			
Printed Name Parent/Guardian if under 18	Signature of Parent/Guardian			
BLACK BELT INSTRUCTOR				
Printed Name of Black Belt Instructor	Signature of Black Belt Instructor			



RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

WARNING!

By signing this document you will waive certain legal rights, including the right to sue.

Please read carefully.

This is a binding legal agreement. As a Participant in the programs, activities and events of Karate Canada, the undersigned acknowledges and agrees to the following terms:

Disclaimer

Karate Canada, its respective directors, officers, members, employees, coaches, volunteers, officials, participants, agents, owner's/operator's of facilities, and representatives (collectively the "Organization") are not responsible for any injury, damage or loss of any kind suffered by a Participant during the sport of karate, or as a result of, any competition, program, activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

Description of Risks

In consideration of my participation in the programs, activities and events of the Organization, I hereby acknowledge that I am aware of the risks and hazards associated with or related to any such competitions, programs, activities and events. The risks and hazards include, but are not limited to, injuries from:

- a) Physical contact with other participants;
- b) Striking participants and objects with parts of the body;
- c) Contact, colliding or being struck by other participants;
- d) Tumbling falling or being thrown to the floor;
- e) Executing strenuous and demanding physical techniques;
- f) Vigorous physical exertion, strenuous cardiovascular workouts, rapid movements and quick turns and stops;
- g) Exerting and stretching various muscle groups;
- h) Falls due to uneven or irregular surfaces;
- i) Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- j) Sustained impacts (in kumite) which can result in mild traumatic brain injuries (or concussions);
- k) Spinal cord injuries which may render me permanently paralyzed;
- I) Travel to and from competitive events and associated non-competitive events which are an integral part of the Organization's activities.

Furthermore, I am aware:

- a) That injuries sustained can be severe;
- b) That I may experience anxiety while challenging myself during the competitions, activities, events and programs;
- c) That my risk of injury is reduced if I follow all rules established for participation; and
- d) That my risk of injury increases as I become fatigued.

Release of Liability

In consideration of the Organization allowing me to participate, I agree:

- a) That my physical condition has been verified by a medical doctor;
- b) To assume all risks arising out of, associated with or related to my participation;
- c) To be solely responsible for any injury, loss or damage that I might sustain while participating; and
- d) To release the Organization from liability for any and all claims, demands, actions and costs that might arise out of my participating, even though such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by the negligence of the Organization.

Acknowledgement

I acknowledge that I have read this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, executors, administrators and representatives.

Name of Participant (Please Print)	Signature of Participant	Date
Printed Name Parent/Guardian if under 18		 Date



MEDICAL EXAMINATION REPORT PART A - to be completed by all Kumite competitors

Na	me: Date of Birth	h:	Age:	Male/Female
Add	dress:			
Clu	b Affiliation	Rank:		
*NA	AME OF MEDICAL INSURANCE PLAN AND NUMBER (*please	complete)		
_				
1.	Do you have you any disease of the eyes?	Yes / No		
2.	Do you have a hearing loss?	Yes / No		
3.	Do you have fainting spells, blackouts or epilepsy?	Yes / No		
4.	Have you had a head injury (concussion) within the last 6 mon	ths? Yes / No		
5.	Do you have any active lung infection including TB?	Yes / No		
6.	Do you have bronchial asthma?	Yes / No		
7.	Do you have an active kidney disease, infection or failure?	Yes / No		
8.	Do you have any loss of all or part of a limb?	Yes / No		
9.	Do you have decreased movement in any limb, joint or spine?	Yes / No		
10.	Do you have any muscle or joint disease?	Yes / No		
11.	Do you have diabetes?	Yes / No		
12.	Do you have any heart disease or high blood pressure?	Yes / No		
13.	Are you taking any medication regularly?	Yes / No		
14.	Have you had any surgeries, fractures or major illness			
	within the last 6 months?	Yes / No		
15.	Do you have any disease or disability not mentioned above?	Yes / No		
16.	Do you have any allergies with anaphylactic reaction?	Yes / No		
lf y	ou have answered "Yes" to any of the above questions, give deta	ails:		
Spo	ecifically for concussions: do you still have concussion symptoms	s (headaches, trouble concer	ntrating, dizzin	ess, etc.) and are you back to train
the	level you were training before your concussion without having a	ny symptoms?		
l he	ereby declare that I have read the above information and that, to	the best of my knowledge, it	is complete a	nd correct.
Da	te: Comp	etitor's Signature (if under 18	- parent or q	uardian)



MEDICAL EXAMINATION REPORT PART B - to be completed by examining physician

Name:			_	
Weight:				
Height:				
		Normal	Abnormal	Details of Positive Findings
1. Eye	es (lids, conjunctiva, cornea, pupils, fundi)			
2. Ear	's (auditory canals, tympanic membranes, patency of eustachian es)			
3. Nos	se, throat (airway, speech impediment, tonsils, etc.)			
4. Res	spiratory system (Thorax, lung fields)			
	rdiovascular system (Heart size, rhythm, sounds, murmurs: ripheral circulation and varicosities)			
	stro-intestinal system (abdominal scars enlarged organs or rnia, haemorrhoids)			
	nito-urinary system (Varicocele, hydrocele, particularly with mia)			
	comotor system (amputations, deformities, restriction of movement imbs or spine)			
9. Ner	rvous system (tendon reflexes, tremors, gait)			
10. Lym	nphatic system and thyroid			
11. Skir	n (including evidence of allergy)			
	case of concussion within the last 6 months, is the athlete able to go k to competition?			
13. B	Slood pressure readings 1st Add s	ditional	_ Pulse:	
	VISUAL EXAM	AIN A TION		
	A) Distant Vision	VIINATION		B) Near Vision
Right Eye	/ corrected to /		/ correc	ted to /
Left Eye	/ corrected to /		/ correct	red to /
Both Eyes	/ corrected to /		/ correct	red to /
The Karate	physician's opinion: student named above is medicallyfit/ unfit to participate in t physician's name and address (use rubber stamp if available)	rainings and	I competitive free	e sparring.
Physician'	's Signature and license number	Adress		



"WILDCARD" SYSTEM FOR PROVINCIAL / TERRITORIAL TEAMS AT THE 2015 KARATE CANADA NATIONAL CHAMPIONSHIPS

Please note Karate Canada's member Provinces / Territories will once again receive an allocation of wildcards directly related to the size of the teams which they register for the event.

This "Wildcard" system helps address several potential issues, such as teams from provinces with larger populations which may have three or four of the nation's top performers in one division, for instance. It will also allow top performing athletes who move from one province/territory to another mid-selection process, or top performing athletes who were forced to miss crucial provincial/territorial selection events due to injury or due to the demands of the international calendar, to have an avenue for entry into the National Championships that may otherwise have been closed to them.

This in no way affects the selection process that PSOs/TSOs have adopted for the selection of their teams leading up to the 2015 National Championships, as it is simply an additional option which offers more flexibility to the provinces/territories, as well as the opportunity to register additional athletes whom these PSOs/TSOs feel could be strong contenders at National Championships and/or may largely benefit from participation in this event.

ALLOCATION RATIOS:

Wildcard allocations will be as follows:

Team Size	<25	25-50	51-75	76-100	>100
	athletes	athletes	athletes	athletes	athletes
Wildcards	2 entries	3 entries	4 entries	5 entries	6 entries

ELIGIBILITY CRITERIA:

Selection of athletes to be registered at National Championships through the "Wildcard" system will be left to the discretion of each PSO/TSO; however all PSOs/TSOs will be expected to abide by the following minimum requirements for the registration of "wildcarded" athletes.

In order to register one or several athlete(s) in the 2015 National Championships as (a) "wildcard(s)", a PSO/TSO must submit the name(s) and division (category) of the athlete(s) (up to the maximum number of athletes allowed, as per the team's quota allocation above – one entry counts as one 'wildcard") to Karate Canada (by mail or email) no later than January 5th, 2015, along with a written confirmation that each of these athletes meets at least one of the following 3 criteria:

-the athlete has placed 3rd in the final rankings of the 2014-2015 provincial/territorial team selections in that individual kumite division (excluding 2014 National Champions and National and/or International Status holders). Or the athlete has placed 4th in the final rankings of the 2014-2015 provincial/territorial team selections in that individual kata division (excluding 2014 National Champions and National and/or International Status holders),

OR

... (continued)



(continued)...

OR

-the athlete has placed 4th in the final rankings of the 2014-2015 provincial/territorial team selections in that individual kumite division excluding 2014 National Champions and National and/or International Status holders), and the 3rd place athlete in the same division has previously been offered the wild card and has declined it. Or the athlete has placed 5th in the final rankings of the 2014-2015 provincial/territorial team selections in that individual kata division (excluding 2014 National Champions and National and/or International Status holders), and the 4th place athlete in the same division has previously been offered the wild card and has declined it;

OR

-the athlete was a medalist in the same division at the 2014 National Championships.

(Please note: Nominations of "wildcards" falling outside the Criteria listed above may exceptionally be considered, on a case per case basis, but the spirit of the Criteria listed above will be respected in approving or rejecting such nominations.)

Athletes who are members in good standing with their PSO/TSO, who meet at least one of the three criteria listed above and whose names are submitted to Karate Canada by the appropriate PSO/TSO authority (President, Executive Director or Team Head Coach) **no later than January 5th, 2015** will be eligible to compete at the 2015 National Championships. Karate Canada will review all submitted wildcard nominations and will confirm approval of these nominations no later than January 9th, 2015.

*** Please note that the PSOs/TSOs must also register approved wildcards online via SportData **by the January 12th deadline**.



Karate Canada is proud to invite all of its members to participate in the very first edition of the national Youth Cup competition, aimed at furthering the development of our nation's finest 12-13 year old karate competitors.

Please find below the information pertaining specifically to this Youth Cup, which will take place at the same time as Karate Canada's 2015 National Championships, at the Richmond Olympic Oval.









GENERAL INFORMATION

CHAMPIONSHIPS VENUE:



RICHMOND OLYMPIC OVAL

6111 River Road Richmond, BC V7C oA2

Website: richmondoval.ca/venue/default.htm



OFFICIAL HOTEL



SHERATON VANCOUVER AIRPORT HOTEL

7551 Westminster Highway Richmond, BC V6X 1A3

Website: www.sheratonvancouverairport.com



DATES:

January 30th - February 1st, 2015 (Detailed competition schedule to be released in January.)

WEIGH-IN:

Kumite athletes participating in the 2015 Youth Cup will be required to weigh-in prior to their participation. Youth Cup participants will be allowed to weigh-in at the Headquarters' Hotel at the same time as other athletes from their Provincial / Territorial Team participating in the 2015 National Championships (see relevant section in Bulletin). Additionally, it will be possible for Youth Cup participants to only weigh-in at the competition venue, during the hours preceding the start of competition. Full schedule to be provided shortly.



CONTACT:

Warren MacLean 2015 National Championships' and Youth Cup Event Manager Email: warren.maclean@karatecanada.org

Olivier Pineau Karate Canada Executive Director Email: Olivier@karatecanada.org

Tel: 514-252-3209

Alexandra Roy Karate Canada Program Manager Email: alexandra.roy@karatecanada.org

Tel: 514-252-3209

COMPETITOR ELIGIBILITY GUIDELINES

All participants must be members in good standing of their provincial or territorial karate Associations and Teams, and participants may only be pre-registered online through their PSO or TSO's Team Manager or designated representative.

All participating athletes must also be Canadian Citizens or permanent residents (landed immigrants). Participating athletes must bring proof of citizenship (current valid Canadian passport or birth certificate) or permanent resident status (official permanent resident card) with them, and may be asked to provide such proof upon request.

KUMITE:

MAXIMUM NUMBER OF ENTRANTS PER KUMITE AND KATA DIVISION:

Each Province/Territory is permitted to send a maximum of two (2) competitors per individual division (Wildcards doe not apply to the "Youth Cup") by the first registration deadline of January 12th, 2014. Please see "Registration of Teams" for further information.

***IMPORTANT: 2015 membership fees from each Provincial / Territorial Association must have been paid in full prior to the start of competition, in order for individual participant registrations of athletes and coaches from that Province / Territory to be considered valid.



COACH ELIGIBILITY GUIDELINES

All participants must be members in good standing of their provincial or territorial karate Associations and Teams, and participants may only be pre-registered online through their PSO or TSO's Team Manager or designated representative.

All participating Coaches must be at least Comp Intro-trained or (old) Level 2-trained in the NCCP (National Coaching Certification Program). Any higher level of training or certification (such as Comp Dev) will of course also be considered as valid. Karate Canada will verify all coach NCCP credentials and records via The Locker (the Coaching Association of Canada's online database) after the registration deadline, and prior to the start of competition.

AGE EGIBILITY

All participants in the 2015 Karate Canada Youth Cup must be either 12 or 13 years of age on the first day of competition (January 30th, 2014), and must therefore be born between February 2nd, 2001 and January 30th 2003 inclusively. There will be no exceptions.

***IMPORTANT: 13 year old athletes registered in any Cadet division at the 2015 National Championships MAY NOT register in the Youth Cup as well. This event is reserved for development of 12-13 year old athletes; should an athlete already be of the required level to compete in Cadet divisions, he/she will not be eligible to compete in the Youth Cup.

REGISTRATION OF TEAMS

All participating athletes and coaches must be pre-registered online through the SportData website, at:

WWW.SPORTDATA.ORG

Opening of Online Registration: November 24th, 2014 Registration deadline: January 12th, 2015 **

***Please note:

- 1. This event will be listed, on Sport Data, separately from the 2015 National Championships, and Team Managers must register the participating athletes and Coaches separately.
- 2. So as to ensure the divisions are as full and as competitive as possible, once the first wave of registrations is complete (by January 12th), Karate Canada may open up registration again to Karate BC athletes, for a few days, should there remain many vacant spots in the different divisions. After this second wave of registrations, Karate Canada may re-open registration a third time to all Provincial/Territorial Teams. For these additional (2nd and 3rd) waves of registration, teams may register athletes in excess of the originally allowed quota (1st wave) of 2 athletes per team per division. All information pertaining to this process will be emailed directly to Provincial/Territorial Team Managers, Coaches, staff and Presidents.)



All Provincial/Territorial delegations **must have an online user name and password for access** to the event and pre-registration. All Teams should use the same User Names and Passwords which they have used for online pre-registration to the 2013 and 2014 National Championships. If you do not yet have a user name and password, please submit an online request to SportData via their website.

For questions on how to pre-register your teams using the software, all team managers may contact the SportData software team directly at office@sportdata.org.

Provincial/Territorial Associations/Teams are responsible for the quality and accuracy of the entered registration data. Changes to online pre-registration entries are possible and free of charge **until Monday, January 12th, 2015, inclusively.**

** NO CHANGES TO 1st WAVE REGISTRATIONS WILL BE ACCEPTED AFTER MONDAY, JANUARY 12TH, 2015

PLEASE NOTE:

The official registration / ID Pick-up (where Team managers may obtain all badges and ID cards for their Team members) will take place on Wednesday, January 28th and Thursday, January 29th, at the Sheraton Vancouver Airport Hotel. At official registration / ID Pick-up, Team Managers MUST provide Karate Canada with with signed medical and liability waivers for all of their team's participants / registrants.

ATHLETE/COACH REGISTRATION DEADLINE: JANUARY 12TH, 2015

NO LATE REGISTRATION PERMITTED. NO REFUNDS IN CASE OF CANCELLATION**

PAYMENT OF ALL COMPETITORS FEES MUST BE MAILED TO THE KARATE CANADA HEAD OFFICE, POSTMARKED NO LATER THAN JANUARY 12TH, 2015, AT:

Karate Canada 4545 Av. Pierre-de-Coubertin Montreal, QC H1V oB2

REFEREE REGISTRATION DEADLINE: DECEMBER 20TH, 2013



MEDICAL & WAIVER FORMS

Each competitor (both kata and kumite) must submit a completed and signed Waiver & Medical History Form Part A and Medical Examination Form Part B (where required) in order to be eligible to take part in this event.

A copy of this form can be found in Appendix 6, and may also be downloaded from the SportData website.

All Team Managers must provide signed copies for all competitors at on-site registration, on January 28-29.

CATEGORIES

The categories used at this event will be the following:

- Individual Female Kata
- Individual Male Kata
- Individual Female Kumite:
- -37 kg
- -43 kg
- +43 kg
- Individual Male Kumite:
- -38 kg
- -48 kg
- +48kg

IMPORTANT:

Please note that there will be NO TEAM KATA and / or TEAM KUMITE categories at the 2015 Youth Cup.



ENTRY FEES

COMPETITORS

The entry fees are:

• Each Individual entry:

\$90.00 CAD

NO LATE REGISTRATION PERMITTED. NO REFUNDS IN CASE OF CANCELLATION**

Please note:

Athletes cancelling registration prior to January 28th 2015 for medical reasons only, and providing a valid proof of injury or sickness (medical note) to Karate Canada before that date, may obtain a refund of the registration fees, minus a \$50.00 administrative fee. Please note that registration fees are non-refundable for any other reason, and no refund will be issued for any reason whatsoever as of January 28th, 2015.

PAYMENT OF FEES

Payments must be made online during the registration on SportData or mailed to the Karate Canada head office, postmarked **no later than January 12th, 2015**, at:

Karate Canada (2015 National Championships) 4545 Av. Pierre-de-Coubertin Montreal, QC H1V 0B2

(Team Managers may send payment for both the 2015 Nationals and Youth Cup together.)

COMPETITION RULES

The rules used at this event will be modified current WKF Competition rules (version 9.0; see "Officiating" section of the "Documents" tab of Karate Canada's official website, at www.karatecanada.org, for a summary of applicable Canadian Amendments to WKF competition rules.). The latest version of WKF competition rules - version 9.0 - will apply, unless specified otherwise in the documents mentioned above and/or in this (and/or future versions of this) bulletin.

Please note that Karate Canada will also be implementing version 9.0 of the WKF Kata Competition Rules (available in the "Documents" tab of the Karate Canada website) at the 2015 Youth Cup.



TIE-BREAKING FOR KUMITE MATCHES:

For all kumite divisions at the 2015 Youth Cup, Karate Canada will use simple Hantei (decision) to break ties, if required, after the regular match duration, and in order to determine the winner, in accordance with current WKF rules (with no enchosen or overtime).

ELIMINATION FORMAT:

IMPORTANT: Please note that a DOUBLE ELIMINATION format will be used in all individual kumite categories at the Youth Cup (see Appendix 3 for an example of this type of draw), thus ensuring that each participant gets to participate in at least 2 matches (unless disqualified in a fashion which would prevent further bouts). As a result, there will be no repechage tree and only one bronze medal per division will be awarded in all individual kumite divisions.

Karate Canada will use WKF-style repechage in all Kata divisions.

SEEDING:

There will be no seeding of athletes in the Youth Cup draws, and all participating athletes will be placed at random in their given division's draw.

KUMITE MATCH DURATION:

All kumite matches will last 2 minutes.





MANDATORY EQUIPMENT

KUMITE:

Body Protector

The use of WKF-approved body protectors is recommended for all, but will not be mandatory.

Mask

The use of face masks is optional, however, if worn, they must be WKF-approved.

Gloves

Participants must have both a blue and a red pair of WKF-approved gloves / hand protectors.

Foot and Shin Protectors

Participants must have both a blue and a red pair of WKF-approved foot and shin protectors.

Groin Cup/Protector

Mandatory for all male kumite athletes.

Mouth Guard

Mandatory for all kumite athletes.

All other equipment will be as stipulated in current WKF Competition Rules. Please note that WKF-approved protective equipment which does not show the 2012-2015 stamp will still be tolerated (as long as of similar model and in good condition.)

Religious Head Coverings

Female athletes who wish to cover their head for religious reasons when competing may wear a black head covering until the WKF-approved version is commonly available.

Religious head coverings for **male**athletes may be tolerated, at the discretion of Karate Canada. Male athletes wishing to wear head coverings must submit advance notice by email to Karate Canada's 2015 National Championships' and Youth Cup Event Manager, Mr. Warren MacLean (warren.maclean@karatecanada.org), **no later than January 12th, 2015**.



ACCOMMODATIONS

OFFICIAL HEADQUARTERS HOTEL

(Strongly recommended but not mandatory for all athletes participating in the Youth Cup. Left to the discretion of respective Provincial / Territorial Team Managers.)



SHERATON VANCOUVER AIRPORT HOTEL

7551 Westminster Highway, Richmond, BC V6X 1A3

Website: www.sheratonvancouverairport.com _



You may reserve directly

By Internet (individual/small groups' reservation), at:
 https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1411193922&key=236E007C



- By phone (individual reservations): 1 800 325 3535
- For larger groups of 10 or more rooms UNIQUELY:
 please contact Harolyn Stefanik at 604.233.3962
 or harolyn.stefanik@sheratonvancouverairport.com



Special rates per night (in CAD\$) for the 2015 National Championships:

Room	Single to Quadruple occupancy
Double Doubles (Non smoking)	\$139

Rates do not include applicable state and local taxes, currently 14.24%.

If you would like specific rooms, please call 604.233.3962 for assistance.

The "cut-off date" for reserving rooms at these rates and availability is Wednesday, December 24th, 2014.

Please send your rooming list (with names, addresses, dates and hours of arrival/ departure of the participants) **no later than the Cut-off date** in order to secure the number of rooms at the preferred rate.

Please also provide payment method and a contact number/name at the same time.

Please note:

This information cannot be sent by email, as the Sheraton Hotel can not accept and receive emails with credit card information.

TRAVEL PROGRAM INFORMATION

Please see the 2015 Karate Canada National Championships Information Bulletin for details.

LOCAL TRANSPORT

Please see the 2015 Karate Canada National Championships Information Bulletin for details.



ADMISSION FOR SPECTATORS

Under 12 years old: Free

From 12 years old: \$15.00 CAD per day \$35.00 CAD for three (3) day pass

(Tickets may be purchased at the door)

BOOKING OF TRAINING AREAS FOR PROVINCIAL / TERRITORIAL TEAMS

Please see the 2015 Karate Canada National Championships Information Bulletin for details.

PROGRAM/SCHEDULE

Please see the 2015 Karate Canada National Championships Information Bulletin for details.





Address 4545 Pierre de Coubertin Montreal (QC) H1V 0B2

Courier/Shipping Address 4400 Sherbrooke East Montreal (QC) H1V 3S8